



## ITS HIGH TIME TO CONTROL BRAIN DRAIN

### PRAKASH REGMI (EDITORIAL)

Brain drain, the migration of highly skilled individuals from developing countries to developed nations, is a significant challenge that has been ongoing for decades. It affects the economic, social, and political development of the countries where individuals leave, as well as the global economy. Brain drain occurs due to a variety of reasons such as better work opportunities, political instability, and high levels of corruption. However, controlling brain drain is crucial to help maintain a sustainable economic and social development. In this article, we will discuss some strategies that can help control brain drain.

#### Investing in Education and Research

One of the primary reasons for brain drain is the lack of educational and research opportunities in developing countries. It means that the colleges and universities lack the wide range of study programs and updated curriculums. To address this, governments need to invest more in education and research to create an environment that encourages innovation and growth. Providing scholarships, research grants, and other incentives can help attract and retain talented individuals who may otherwise leave the country.

#### Improving Working Conditions and Wages

Another reason for brain drain is the lack of job opportunities and low wages. Many individuals choose to migrate to developed countries to seek better-paying jobs and better working conditions. To control brain drain, governments need to focus on improving the working conditions and wages in their own countries. By offering competitive salaries and benefits, businesses and organizations can retain highly skilled individuals and encourage them to stay.

#### Addressing Political Instability

Political instability is another major cause of



brain drain. People tend to leave countries where there is a high level of political instability, as they fear for their safety and the future of their families. To control brain drain, governments need to address political instability and create a stable and secure environment. This can be achieved by creating policies that promote democracy, transparency, and good governance.

#### Encouraging Entrepreneurship

Encouraging entrepreneurship can help control brain drain by creating more job opportunities and fostering innovation. Governments can provide incentives to entrepreneurs to start businesses in their own countries, such as tax breaks, subsidies, and other forms of support. This can help create a culture of entrepreneurship and encourage talented individuals to stay and contribute to the development of their own countries.

#### Fostering Collaboration

Collaboration between governments, businesses, and academic institutions can help control brain drain by promoting the exchange of knowledge and ideas. Governments can create partnerships with businesses and academic institutions to promote research and development, which can lead to the creation of new jobs and industries. Additionally, governments can create programs that allow skilled individuals to work abroad for a limited time while maintaining ties with their home country. This can help create a sense of community and encourage individuals to return to their

home countries after completing their work abroad.

#### Improving Infrastructure and Technology

Improving infrastructure and technology can also help control brain drain. By investing in infrastructure, such as transportation and communication networks, governments can make it easier for individuals to travel and work within their own countries. Additionally, investing in technology can help create new industries and job opportunities, which can help retain highly skilled individuals.

#### Creating a Sense of National Identity

Creating a sense of national identity can help control brain drain by fostering a sense of pride and commitment to the development of one's own country. Governments can create programs that promote national identity, such as cultural events, games/sports and festivals. Additionally, governments can create policies that promote diversity and inclusivity, which can help individuals feel connected to their own countries and communities.

#### Creating Career Opportunities

Creating career opportunities that are competitive with those in developed countries can help control brain drain. Governments can work with business houses to create job opportunities in emerging industries, such as technology and renewable energy. Additionally, governments can create programs that provide training and education for these industries, which can help individuals develop the skills they need to compete globally.

In conclusion, controlling brain drain is crucial for the economic and social development. If we fail to control it might result to huge disaster. So collectively we all need to work collectively to address the above mentioned ways and stop our friends, children and siblings leave the country.

## STUDENT'S VISIT TO NTHMC



Students from different schools especially studying hotel management in their 12<sup>th</sup> grade visited NTHMC. As NTHMC will be celebrating its 25<sup>th</sup> Anniversary this year, college made a project name 'Free Training Camp' where students of hotel management from different college/schools can come, visit the entire college, its department, practical labs, class rooms etc. and participate in the training session of Bakery, Food Production (Kitchen) and Barista.

Mr. Narayan Khada – Bakery Chef, Mr. Rajendra Gurung – Basista Instructor and Mr. Raj Kumar Karki – Kitchen Chef gave 3-3 hours' practical sessions to the students. Principal of the college, Mr. Prakash Regmi welcomed the students and gave the brief information of the college establishment and talked about the career path towards hospitality education and its scope today and in future. The students were divided into groups and the volunteer

students of grade 12 escorted students for a short tour of the college and followed by the lunch which was offered to the visiting students. After the lunch session then the students were categorized and taken to 3 different labs i.e. bakery, barista and kitchen when students go on hand-to-hand practice. After the practical the closing ceremony was organized where students were asked few questions of today's session and the student with right answer was awarded prizes too. The schools/colleges participated in this Free Training Camp were Srijana Secondary School – Srijan Chowk, Mount Annapurna School - Nadipur, Kumudini Homes- Gairapatan, Tribeni Secondary School- Argaunchowk, Junior Citizen Academy- Budibazar, Diamond Secondary School, Taalchowk, Kalika Ma. Vi – Rambazar. NTHMC thanked all the school/colleges for collaborating with us in this camp.





## PLACEMENT EXAMINATION AT COLLEGE



Probably for the first time in Pokhara, NTHMC with the collaboration with Shangrila Development Bank jointly organized "Placement Examination 2022" at NTHMC on 10<sup>th</sup> December 2022. There were 40 students appearing the writing examination. The examination was conducted at NTHMC premises, Chhinedanda, Pokhara from 11 AM. The team of Shangrila Development Bank including Mr. Rebant Shrestha - Cluster head, Mr. Binaya Nepal and Mr. Lekhnath Poudel – Human Resource Department, and few from the different branches of Pokhara and Lekhnath

were present during the examination. College Principal, Mr. Prakash Regmi welcomed the guests and encouraged and motivated the students with best wishes. The written examination was of two hours and the short listed students were called for interview at the cluster office Newroad. Three students name Ms. Dristy Acharya (BBA-7<sup>th</sup>), Mr. Ganesh Lamsal (BBA-7<sup>th</sup>) and Ms. Mamata Subedi (BBA-5<sup>th</sup>) were selected and joined the bank. NTHMC thanked Shangrila Development Bank and team for the collaboration.

## WELCOME PROGRAM OF BHM



On 13<sup>th</sup> January, 2023 BHM 2<sup>nd</sup> semester students organized a welcome program at the college premises with the aim of warmly welcoming the new students to the NTHMC family. The program was inaugurated by the Principal of the college, Mr. Prakash Regmi and coordinators, faculties, class representatives and college staffs were present at the program. The fresher's were offered Tika and Khada by their seniors.

Second semester students performed various cultural dances, performed live musical shows, performed caricatures during the program. The program was wrapped up with the few words from the Principal, he firstly welcomed the new batch i.e. 22<sup>nd</sup> batch of BHM students to the college and thanked all students for being able to be selected. He emphasized that hospitality industry demands a positive attitude, professional skills, and knowledge of the work area, so every student should begin their career accordingly. At the conclusion of the formal program, the Principal thanked the students for organizing such an excellent program.



## THANKS GIVING PROGRAM



was emceed by Ms. Hikaru Gurung and was chaired by Mr. Prakash Regmi, principal of the college and all the faculties (full time & part time) were present in the program. Students honored their teachers with khada and offered some presents too. Students introduced each and every teacher in a different way sharing their thoughts regarding that individual teacher and also with some caricatures too. It made the program very joyful. Thanks giving program was ended by cutting the cake by the principal along with the teachers and his speech. He said that, such initiation and continuation of such culture

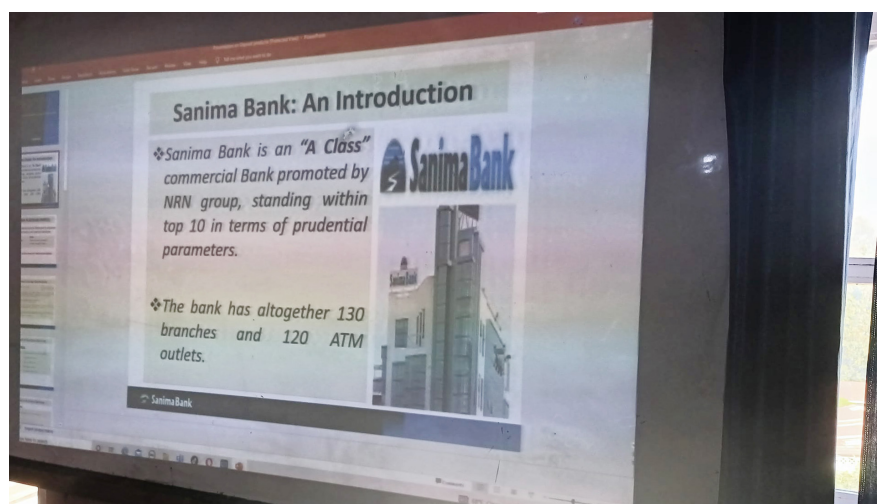
Students of grade XII organized 'Thanks Giving Program' to all the teachers who taught and guided them during their studies of grade XI & XII. The program

is very essential to motivate teachers and the best part was the right way of acknowledging the individual teachers.

## FINANCIAL LITERACY WITH SANIMA BANK

NTHMC, Centre for Business Management, organized an interaction program on the 2<sup>nd</sup> December 2022 with three bankers from Sanima Bank (Amarsingh branch) Mr. Prabesh Man Shah (Relationship manager), Rabin Pokharel (credit and loan Manager) and Suraj Gurung and shared their knowledge, experience and expertise on the financial policies and procedures of Sanima Bank to management students of BBA-BI 3<sup>rd</sup> semester. They shared their entry towards banking sector, their ideas about appropriate banking, talked about the current scenario and gave some capability on investment in the share markets.

Besides, they also talked about mobile banking, ATM, debit and credit cards, internet banking, anti-money laundering, penalty and other legal proceeding for cheque bounce along with other novel trends in the banking



sector. They also assisted them in opening Demat account for online share transactions. They assured the students that they are ever ready to give preference to NTHMC students for internship or other opportunities in their bank and other branches of the bank. The queries of the students were answered at the end of the session.



## ANNUAL SPORTS MEET, 2023



As a continuity of previous years, the students of BBA, BBA-BI and BHM 5th Semester organized 'Intra College Sports Meet'. The event was held from 26<sup>th</sup> to 30<sup>th</sup> January 2023. The main purpose of organizing this event is to promote the welfare and overall development of students, their fellowship, building team work and capacity building to organize the sports event. This year the sports played were Basketball, Volleyball, Marathon, Tug of War, Futsal, Table-Tennis, Shot Put and Chess.

The BHM coordinator, Mr. Jok Bahadur Thapa, inaugurated the event by handing over the basketball to the players. The students of 10+2, BHM, BBA and BBA-BI participated in various games. The result of the sports meet is mentioned below;

Games	Winner	First Runner Up
Basket Ball (Boys)	+2 HM	BHM 5 <sup>th</sup> Sem
Basket Ball (Girls)	BHM 5 <sup>th</sup> Sem	BHM 2 <sup>nd</sup> Sem
Volley Ball (Boys)	BHM 2 <sup>nd</sup> Sem	BHM 5 <sup>th</sup> Sem
Volley Ball (Girls)	BHM 5 <sup>th</sup> Sem	+2 HM
Table Tennis (Single-Boys)	Sudip Ojha (BBA-BI 2 <sup>nd</sup> Sem)	Shakti Thapa (BBA-BI 5 <sup>th</sup> Sem)
Table Tennis (Single-Girls)	Anju Maya Ghole (+2 HM)	Sajna Tamang (BBA 3 <sup>rd</sup> Sem )
Table Tennis (Double-Girls)	Menuka Shahi & Anju Maya Ghole (BHM 5 <sup>th</sup> & +2 HM)	Karima Ale & Nirmala Thapa (BBA-BI 5 <sup>th</sup> Sem)
Table Tennis (Double-Boys)	Kushal Ale & Sudip Ojha (BBA-BI 2 <sup>nd</sup> Sem)	Shiva Thapa & Shakti Thapa (BBA-BI 5 <sup>th</sup> Sem)
Chess (Boys)	Kabin Sapkota (BBA-BI 7 <sup>th</sup> Sem)	Ujwal Adhikari (BBA 2 <sup>nd</sup> Sem)
Chess (Girls)	Punam Gharti Magar (BHM 3 <sup>rd</sup> Sem)	Sampada Adhikari (BBA 3 <sup>rd</sup> Sem)
Shot put (Boys)	Bhabindra Serpunja (BBA 5 <sup>th</sup> Sem)	Rohan Pariyar (BHM 1 <sup>st</sup> Sem)
Shot put (Girls)	Anju Maya Gole (+2 HM)	Komal Khand (+2 HM)
Marathon (Girls)	Nirmala Thapa (BBA-BI 5 <sup>th</sup> Sem)	Karima Ale (BBA-BI 5 <sup>th</sup> Sem)
Marathon (Boys)	Prakash Raibhat (BHM 5 <sup>th</sup> Sem)	Rijion Gurung (BBA 2 <sup>nd</sup> Sem)
Tug of War (Girls)	BHM 5 <sup>th</sup> Sem	+2 HM
Tug of War (Boys)	BHM 2 <sup>nd</sup> Sem	BHM 5 <sup>th</sup> Sem

Additionally, NTHMC 'Youth Development Club' from BBA & BBA-BI had a food-stall with a variety of fast food for the players.

On 31<sup>st</sup> January 2023, Mr. Prakash Regmi, principal and Mr. Jok Bahadur Thapa, BHM Coordinator, distributed trophies, medals, and certificates to the winners and first runner- up on the closing ceremony of Annual Sport Meet 2023.



## NTHMC – YOUTH DEVELOPMENT CLUB FORMATION



Students of NTHMC, Centre for Business management took part in polling for the standing committee members of newly formed NTHMC youth development club. The idea for establishment of this club is to make students learn democratic values and be able to perform their responsibilities themselves in the world full of thorough challenges. Almost 90 students from Centre for business management took part in the poll which was done digitally through google forms in the open space of Gairapatan on 7<sup>th</sup> December 2022. For that, the students set up five polling booths to facilitate students. There were hotspots for internet services during online vote cast. The volunteers also served snacks and tea to the students who took part in the votes.

NTHMC Youth Development club is a fully student-run club that helps Business students to understand business sectors, brainstorming, exploring and developing themselves in business and finance related sectors. NTHMC Youth Development club is a platform that provides practical knowledge about Stock market, Commodity market, participate and organize different competitions, excel workshops, guest lectures, financial and digital literacy sessions.

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Mr. Kabin Sapkota (BBA-BI 7<sup>th</sup> Sem) was able to win the poll for the presidency of the club. The vice president was won by Ms. Uma Kumari Thapa (BBA 3<sup>rd</sup> Sem), secretary Mr. Prashant Subedi (BBA 2<sup>nd</sup> Sem), deputy secretary Ms. Karima Ale (BBA-BI 5<sup>th</sup> Sem), Treasurer Mr. Kushal Shrestha (BBA-BI 5<sup>th</sup> Sem) and vice treasurer Ms. Prajita Khand (BBA-BI 5<sup>th</sup> Sem) were elected in the executive committee. This committee will be supported by executive members Ms. Jiya Marasini, Mr. Kushal Ale, Ms. Sandhya Poudel, Mr. Shiva Thapa, Ms. Deepa Bhujel, Ms. Sanjeeta Poudel, Mr. Alik Shrestha, Mr. Prabin Gurung, Mr. Krishna Thapa, Mr. Sudip Ojha, Ms. Mamata Subedi, Ms. Amisha Pariyar and Mr. Anoop Gurung.

The program was observed by the principal of the college Mr. Prakash Regmi, program coordinator of the center Mr. Harihar Poudel and faculty Mr. Milan Shrestha. The elected representatives also received khada and name tag badges as a token of their victory. The executive members received a badge of the club. NTHMC management would like to wish a successful tenure of the newly elected club members.



## INDUCTION SESSION WITH MILAN GURUNG

Milan Gurung, alumnus of NTHMC batch 2016 BBA delivered a motivational talk on his experience regarding his studentship at NTHMC. He highlighted the management of different skills required to become successful in one's life. He made the session engaging by showing how work life can be balanced with academic life. He also inspired his juniors to take challenges rather than to sit idle. He further pushed students to take part in events that helped them in changing into a professional with full potential. This session became an eye opener to the newly admitted students of BBA and BBA-BI fall 2023. NTHMC is planning to hold induction sessions weekly with a host of alumni. The program concluded by handing over a token of love to our alumni by Principal



Prakash Regmi. The program was coordinated by Harihar Poudel, program coordinator who was also the master of ceremony.

## INTERCOLLEGE FOOD TASTING COMPETITION 2023



Like earlier years, NTHMC organized Food Tasting Competition 'Test the Taste' on 22<sup>nd</sup> February 2023. This year the program was hosted by the students of BHM first semester students where 38 students of hotel management from 19 different colleges participated. The participation charge was FREE. The program was emceed by Ms. Arrica Gurung and Mr. Pratik Gurung, and nearly 20 students volunteered to make the program success. The program was inaugurated by lighting the diyo by Mr. Prakash Regmi, Principal of the college and Mr. Raj Kumar Karki, Food Production Instructor by explaining the rules and regulations to the participants.

There were three Judges and the program was of 5 rounds. Each round has its own rules and all the participants get chances to participate in all rounds. The rounds were; blind fold and taste, blind fold and touch, blind fold and smell, open eye and seeing and open eye and memory. Those participant gets much correct guess will be awarded winner.

Finally, Ms. Hikaru Gurung (NTHMC) stood first likewise, Ms. Nirita Tamang (Kaski Modernize Academy) stood second and Ms. Binisha B.K. (Shree Kanya Secondary School) stood third. The winners were provided with khada, tika, award and certificates and all participants were also certified with a certificate of participation.



## TOASTMASTER'S MEETING AT NTHMC



NTHMC Youth Development Club organize 'public speaking' practices on the theme 'People's Perspective' remaining within a framework of 'Toastmasters International' with the students of BBA and BBA-BI at NTHMC Chhinedanda on 16th January 2023.

For the meeting, with the role of Toastmaster of the Day - Ms. Uma Kumari Thapa started the meeting and introduced the theme of the meeting and introduced the General Evaluator. For the meeting Principal of the college Mr. Prakash Regmi took the role of GE where he has to check and evaluate the entire meeting with the help of direct and indirect evaluators. In the team of Indirect Evaluators, as a Grammarian – Mr. Kabin Sapkota, Ah Counter – Mr. Sudip Ojha, Timer - Mr. Alik Shrestha. As

a Table Topic Master – Mr. Prashant Subedi took the roles and gave the report later upon call by GE.

Altogether, there were four feature speakers Mr. Shrijan KC, Ms. Sangita BK, Mr. Shiva Thapa, Ms. Prajita Khad with their respective direct evaluators Mr. Kushal Ale, Mr. Anil Subedi, Ms. Anisha GC and Ms. Pristina Thapa. The most awaited session was led by Mr. Prashant Subedi i.e. Table Topic session, where he offered many topics where club members as were as guests spoke and share their versions. At the end, GE gave the evaluation report and the best speaker was awarded. Overall, program succeed to reach its motive to help students built their speaking skills.

## INDUCTION SESSION WITH MR. BARUWAL

On the 11<sup>th</sup> of January 2023, Thakur Baruwal, alumnus of NTHMC batch 2011 BBA-BI delivered a motivational talk where he ventilated his experience and knowledge gathered throughout his students and entrepreneurship journey. He highlighted on management of different skills required to become successful in one's life. He made the session interesting by demonstrating how work and academic life can coexist. He also mentioned the issues that migrant workers face in Australia. To be an entrepreneur in a foreign country, one requires a lot of tolerance and patience. He also gave students advice on how to be logical in passing the exam with less studies and smart skills. He also encouraged his subordinates to take on challenges rather than sit idle. He shared how positive attitude and happy go lucky mindset leads to success.

He further encouraged students to participate in events that will help them develop into a full-fledged professional. This

session became an eye opener to the newly admitted students of BBA and BBA-BI fall 2023. Overall as a fellow nthmcian, he was able to provide very effectual session to the new batch.

NTHMC always welcomes its graduate to speak to their juniors and share their ideas on some specific topics. The program concluded with some useful and thought provoking speech and by handing over a token of love to our alumnus by the college principal Mr. Prakash Regmi. Coordinator Mr. Harihar Poudel, welcomed the students and introduced the guest among them and kept his words too.





## 18<sup>TH</sup> CONVOCAATION AT NTHMC FOR UNDERGRADUATE STUDENTS



Unlike Pokhara University, NTHMC organized Convocation Ceremony to all the graduate students of BHM, BBA and BBA-BI at Chhinedanda, Pokhara on 20<sup>th</sup> February, 2023. This year total of 132 students graduated from NTHMC. The program was conducted in the afternoon with the presence of Chairperson Mr. Ashok Palikhe, Principal Mr. Prakash Regmi, Coordinators Mr. Jok Bahadur Thapa and Mr. Harihar Poudel, few members of Board, faculties and college staffs. The formal program was emceed by Ms. Sanju Kunwar and Ms. Rita Galami.

The graduated students were offered by khada, mala, tika and token of love by the chairperson, principal, board members and so on. Chairperson of the college, welcomed and congratulated students for their hard work and tireless effort to make this success happen. He added that, each students should keep focusing into their dreams and college is always there to support and help in any phases as when you need help. The graduate students kept their voices too and thanked college management and teachers for their effort to educate and groom them. Principal of the college, Mr. Prakash Regmi, thanked all the teachers, staffs and college management for making ease for teaching and learning activities at college. He added that, students now should be much more responsible and focused towards their dreams and teachers, families and the societies will have some expectations from you all. He wishes all graduates with the good luck and bright future and ask all graduates to join our alumni group. The program was ended by showering the champagnes, cutting graduation cake and dining with lavish snacks.

## WELCOME PROGRAM OF BBA & BBA-BI



To continue the culture of welcoming the fresher's to the friendly atmosphere, BBA and BBA-BI second semester organized a heartwarming program for first semester of 2022 batch on 14<sup>th</sup> January, 2023. The program was conducted whole heartily at the center college located in Chinnendanda with participation of newly admitted students, faculty members, organizers and staffs.

The program was started after all the attendees were served the welcome soup and bun. The program was inaugurated by the Chairperson of College Management Committee Mr. Ashok Palikhe and chaired by the Principal of the college Mr. Prakash Regmi.

Mr. Prashant Subedi and Ms. Sajana Bataju from second semester emceed the program at start and later on the program was progressed forward by Ms. Monika Timilsina and Mr. Anoop Gurung. Ms. Namsu Thapa from BBA-BI 2<sup>nd</sup> semester delivered the welcome speech. The attractions of the programs were cultural dances, live musical shows and humorous caricatures during the program. The performers rocked the stage with their energetic performance as usual. The principal of the college Mr. Prakash Regmi concluded the program with a vote of thanks.



## EPF LITERACY PROGRAM

Employees Provident Fund (EPF) literacy program to the staffs and faculties was organized at NTHMC on 3rd April, 2023. Mr. Dilip Raj Paudel Atreya (Senior Manager), Mr. Sital Babu Khatri (Deputy Manager) and Mr. Parash Mani Bhandari (Assist. Manager) collectively gave the insightful session regarding the facilities, procedure and benefits that EPF offers to its members.

Mr. Prakash Regmi, welcomed the guests from EPF and offered khada and welcomed the faculties and staffs to the

session. He added that, nearly 60 percent EPF members don't use the facilities due to the lack its knowledge and 15 percent don't use the facilities perceiving it has hassle. So, to break that ceiling the program was organized and he suggested the staffs and faculties to learn about the facilities and the procedure to use it without any hesitation. At the end, the guests were given token of love by the college principal and thanked for their effort.



## EDUCATION FOR ALL



For a social cause, in collaboration with Educate Nepal, students of NTHMC donated copies, books, pencils, erasers and other stationary goods to the under-privileged students of Rukum. With the theme, 'education for all' and a belief that a small support from us will be a notable support for the needy and deprived students, majority of the students of NTHMC donated the study materials. The study materials were collected from the students of +2,

BHM, BBA and BBA-BI and handed over to team of Educate Nepal on 4<sup>th</sup> February, 2023. Mr. Nishan Lamichhane, Mr. Krishna Paudel & Mr. Sandesh Ranabhat from Educate Nepal visited NTHMC and received the study materials. Educate Nepal distributed the materials collected from NTHMC and many other schools/colleges of Pokhara to 1845 students of 9 different schools of East Rukum.



## SMALL HOTEL AND LODGE MANAGEMENT TRAINING



NTHMC organized two weeks Small Hotel & Lodge Management Training program for the students of grade 12. The objective of this training is to make students aware about the indigenous crops of hilly areas, local culture, local cooking and serving methods and Nepalese hospitality. During this training, students were taught about the preparation of various dishes from local crops using local tools and equipment. The students were taught

about the local beverages that are available in different regions of hilly areas. The concept was to make students have broad knowledge regarding homestay and tea shops. Mr. Raj Kumar Karki lead the kitchen, Mr. Arjun Adhikari lead the restaurant and Ms. Sanju Kunwar lead the housekeeping part during the program. The certification program was conducted on 26<sup>th</sup> March, 2023 where all the participants were certified.



## FAREWELL PROGRAM FOR GRADE 12

Like earlier year, grade XI students organized farewell program to their seniors. The program was organized on 20<sup>th</sup> April, 2023 at Chhinedanda. The program was emceed by Ms. Dikshya Acharya and Ms. Sheetal Baruwal. Principal of the college, Mr. Prakash Regmi, inaugurated the program by lighting the diyo. Many dances in cultural to modern songs, caricatures, band performances, solo dances were performed during the program. The memorable presents were provided to the students of grade XII along with khada and tika. Ms. Shreenju Gurung gave the welcome speech and Mr. Narayan Baral, faculty of Nepali gave his speech thanking the students and wishing them for better future ahead. Farewell speech was given by Ms. Hikaru Gurung represent the whole class. College also gave the best award to the students of grade XII in three categories. Best Grooming award was presented to Ms. Sital Gurung, Highest Attendance Award to Ms. Samjhana Gurung and Well Disciplined Award to Ms. Gazal Poudel. Finally, the program was ended with the closing remarks from the principal followed by snacks.



## BBA-BI 5TH SEMESTER TREK TO ANNAPURNA BASE CAMP (ABC)



Student of BBA –BI 5<sup>th</sup> semester organized 4 nights 5 days 'Trek to ABC' from 7<sup>th</sup> – 11<sup>th</sup> November, 2022. This trek was conducted to provide an opportunity to learn and explore the trekking trails, tea shops, observe natural beauty, know the various flora and fauna and most importantly know how the business on tourism sector works on different parts of our country?

The students started their trek from Jhinu Danda to Chhomrong on first day with lots of excitement and enthusiasm. On the second day, the walk continued to the Himalayas encountering many trekkers and crossed different bridges on the way. Along with hardships that comes with the trek, the walk still continued the journey for the third day to

Annapurna Base Camp (ABC).

Students had their lunch at Machhapuchhre Base Camp (MBC) after their continuous 2 hours walk. The paths were difficult and atmosphere was freezing cold but they still reached their destination to ABC with strong determination to explore the nature. On their fourth day, students enjoyed the morning view surrounded by Himalayas that they thought was worth the climb and hardship they faced during the trek. Afterwards, they returned to Bamboo where they had their lunch on their first day of trek and decided to stay the night there. Exploring and mesmerizing the beauty of the nature, they returned to their home on the fifth day with lots of memories and unforgettable experience of their life.

## SATURDAY MARKET AT AVYA CLUB.



Every month on the first Saturday, Avya Club, Gharepatan hosts a Saturday market with the goal of promoting local businesses, brands, and start-ups. On November 26<sup>th</sup> 2022, Students from NTHMC (BBA & BBA-BI) participated on the fair and had a stall. The objective to participate in the market was to learn how such markets can be conducted in the college and what sorts of products were into the customer's preferences. The students of Youth Development Club participated and they offered various products ranging from handicrafts to local eggs in the market.

This event also helped to promote college and highlight the business management course to the market. College principal and coordinator, supported students to participate and encouraged them to have such fairs at college. We thank Mr. Niraj Lama and Avya Club team for inviting us to have a stall.



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