



NTHMC

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NEPAL TOURISM AND HOTEL MANAGEMENT COLLEGE
CENTER FOR BUSINESS MANAGEMENT



Inter-College Food Testing Competition



Grade 12 students of NTHMC organized 'Inter-College Food Testing Competition' named as 'Test the Taste', on 31st March 2022 at Chhinedanda, Pokhara. The objective of this competition was to know – how much students are familiar with different ingredients used in the kitchen.

In the program- the students need to identify different ingredients presented to them by touching, smelling, tasting, seeing and memorizing. There were nearly 60 different ingredients ranging from herbs, spices, sauces, flours, fruits and vegetables. There were 13 colleges with two students from each college participating at the event.

Ms. Nikita Gurung (NTHMC- Grade 11) turned to be first, Ms. Sudha Acharya (PTS- DHM) first runner up, likewise second runner up Ms. Niharika Sen (Srijana Higher Secondary School- Grade 12) and consolation prize Mr. Roshan Dhakal (Srijana Higher Secondary School- Grade 11) were awarded with prizes and certificate by Mr. Prakash Regmi, Principal and Mr. Dinesh Kumar Yadav, +2 Coordinator. The program was emceed by Ms. Arrica Gurung and Ms. Aishorya Rana jointly.

Students' Awareness- Cyber Security



NTHMC organized student's awareness program for grade 11 and 12 on 'Cyber Security' on 15th March 2022 at Chhinedanda, Pokhara. The purpose of organizing this program was to make students aware of using social media and digital platform in a proper and safer way.

There were nearly 190 students participating in this session. The

program was facilitated by Mr. Bibek Shrestha and Ms. Rashila Shrestha. The major covered areas were phishing attacks, passwords and authentications, public Wi-Fi, mobile device security, cloud security and few cases related to cyber security. Students were found very excited and were asking many questions which made the session very interactive.

FINANCIAL LITERACY SESSION- NEPAL BANK LIMITED



Nepal Bank Limited with coordination with NTHMC organized 'Financial Literacy' program to the students of grade 12 at Chhinedanda, Pokhara on 25th March, 2022. The main purpose of organizing this program was to make students familiar with digital banking system and overcome the types of frauds that might occur.

The focus of the session was, how can earnings be spent wisely,

how can earning be saved, how can it be invested, how can the earnings be protected and can be borrowed legally? Likewise, how digital banking has made consumer's life easier and more convenient?

Mr. Anil Shrestha, branch manager of Amar Singh Branch took the session which seemed to be very interactive and informative.

THE LECTURE FOR EDUCATIONAL PROFESSIONALS- 21ST CENTURY SKILLS

As a faculty development program, NTHMC with a coordination of PUM Netherlands organized faculty training program 'The Lecture for Educational Professionals-21st Century Skills' on 3rd May, 2022.

The objective of the training was to make faculties more professionals with 21st Century skills so that the students can get quality education in a different form. There were 35 faculties from BHM, BBA and BBA-BI programs participating in the training. Mr. Prakash Regmi, principal of the college welcomed the trainer as well as participants and highlighted the purpose of the training. Mr. Martin Wouter Huizinga, senior expert from the Netherlands was invited as a resource person for the training.

As we know, teaching is an intense, challenging endeavor and one of the most rewarding things, Martin mentioned that, 21st century will not be those who cannot read and write,rather those who cannot learn, unlearn and relearn. To increase the value of a teacher, a teacher must think of themselves as a product and upgrade themselves consistently.

During that training session, Martin discussed the necessity of creating interest in the students by applying the unorthodox methods of teaching. He further emphasized the use of modern technology to create a better connection with the students of the 21st century.



Some of the points that Martin discussed with the participants were:

- Element of surprise: Conducting classes in the same and regular way can be quite boring to the students. To make it fun and interesting, a teacher can do something unusual that the students do not expect.
- Decreasing the student's dependency on the teacher.
- Use of modern tools and technology for teaching.
- Changing the layout of the classroom.
- Be a role model to the students by setting good examples.

At the end, Martin with the principal of the college distributed certificates to all the participants and wished all the best for the implementation of skills learned from this training.

NTHMC STOOD FIRST IN ‘INTER COLLEGE HOTEL MANAGEMENT QUIZ CONTEST’



Inter College Hotel Management Quiz Contest was organized by Gupteshwor Mahadev Multiple Campus, Pokhara on 15th April, 2022 where the students of grade 12 of NTHMC stood ‘First Position’ in the contest.

It was a 2-stage competition with 7 rounds which covered the areas of housekeeping, front office, F&B and food production. Each college had to send 4 students either from 11th or 12th grades. In the jury panel, there were Mr. Mohan Bhandari --(Assist. Campus Chief), Mr. Aasish Poudel (BHM In-charge), Mr. Jitendra Thapa (BHM Facilitator) and Mr. Bishow Deep Thapa.

NTHMC students named Ms. Arrica Gurung, Ms. Aishorya Rana, Mr. Pawan Pandey and Mr. Sayal Adhikari of grade 12, won the contest for being placed at first position and received trophy with certificates and cash prize Rs. 5000.

NTHMC Special Bar Training Program



NTHMC Special Bar Training Program

NTHMC organized 1-week ‘Bar Training Program’ for the students of grade 12 from 5th to 14th April, 2022 at Chhinedanda, Pokhara. This training program aimed to upskill the students regarding the preparation and service of mixed beverages, managing liquor costs, and controlling waste.

Altogether 104 students participated in this program. The training program was facilitated by Mr. Arjun Adhikari (faculty of NTHMC). Students participated in preparation of various cocktails and mock-tails under the supervision of the facilitator. Students were encouraged to exhibit their creativity and uniqueness. This program also educated students about legality related to service, salesmanship tricks and appropriate ways of service of beverages.

SUNSHINE STUDENTS AT NTHMC



Like last year, students of grade 12 of Sunshine college, Bhairahawa visited NTHMC college as a part of excursion and educational tour on 11th Jan, 2022. There were 38 students participating in some of the practical sessions of Kitchen and Restaurant.

Chef. Raj Kumar Karki, helped students learn various kitchen skills for preparation of different dishes. Students during their visit prepared sandwiches, burgers, tempura, salad, sauces etc. likewise Mr. Arjun Adhikari, explained the various service types and its sequences.

Mr. Suraj Thapa, Ms. Deepika Palikhe and Ms. Priya Shahani visited college with the students at the end Mr. Prakash Regmi, principal of NTHMC gave short motivation session on prospects and opportunities on hospitality industry to the students. Students were excited and had planned to join NTHMC for further education.

NTHMC STUDENTS ATTENDED THE PU 17TH CONVOCATION DAY

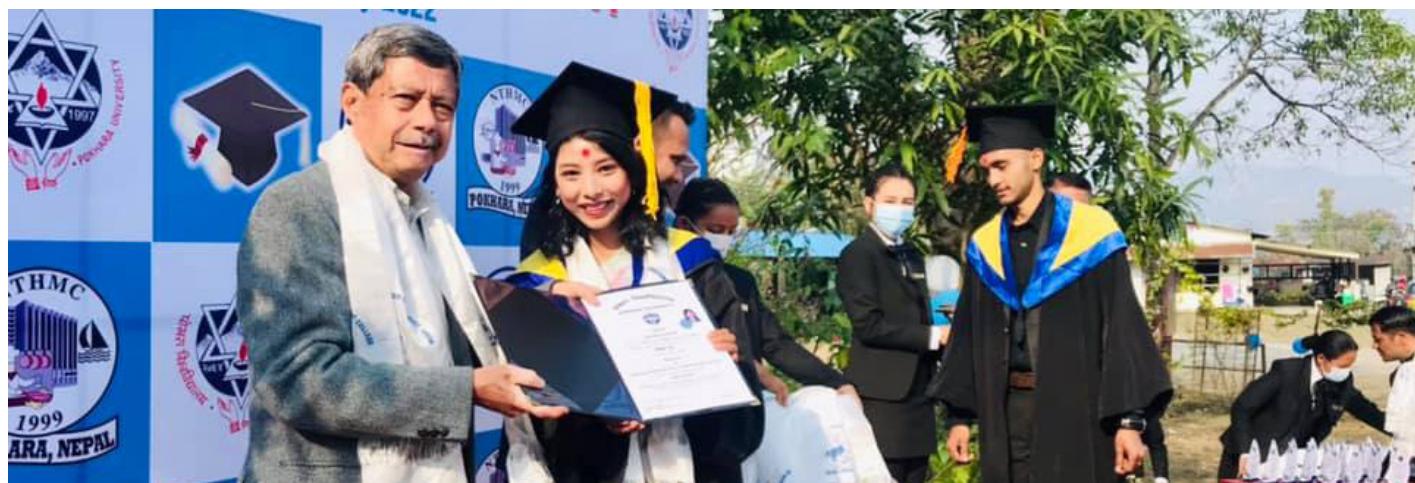
The 17th graduation ceremony of Pokhara University was finally conducted at the University on 20th February, 2022 after being on hold for the last three years. 2016-2017 intake students from BBA, BBA-BI and BHM attended the convocation. Altogether 163 students from BBA, BBA-BI and BHM participated in the graduation day from NTHMC this year.

3 students from BBA, 1 student from BBA-BI and 16 students from BHM received the Dean's list position. All Dean's listed students were awarded the certificates from Prof. Dr. Suresh Raj Sharma, a senior educator and former VC of Kathmandu University. During the ceremony, Prof. Dr. Prem Narayan Aryal, the VC of Pokhara University presided over the ceremony in the absence of Prime Minister. The VC promised that Pokhara University would move towards framing research policy in order to enhance the quality of higher education in relation to make significant contribution in socio-economic development and national building task of the country.

NTHMC would like to wish all the best to all our students graduating this year.



GRADUATION AND FAREWELL PROGRAM FOR BBA, BBA-BI AND BHM



NTHMC organized a farewell meet for the outgoing students for BBA, BBA-BI & BHM of 16th & 17th batch at the college premises on 23rd February, 2022. The program was hosted by Ms. Sanju Kuwar and Ms. Rita Galami (faculties of NTHMC) jointly. Around 170 graduated students from BBA, BBA-BI & BHM, regular and visiting faculties, and guardians participated in the program.

Chairperson of college, as a chief guest Mr. Ashok Palikhe, inaugurated the program formally. In his inauguration speech he urged the students to hone their skills in extra co-curricular activities simultaneously with their academic learning.

Among 170 graduated students, 3 students from BBA, 1 student from

BBA-BI and 16 students from BHM received the Dean's list position. Mr. Milan Gurung from BBA, Ms. Khinu Gurung from BBA-BI and Mr. Anik Adhikari from BHM gave the farewell speeches sharing their experiences and memories during their studies at NTHMC. The khada and token of love were jointly given by the chairperson and principal to the Dean's list students while the coordinator of BHM, Mr. Jok Bahadur Thapa put vermilion dust on their forehead to march ahead in life with courage and determination. The program was wrapped up with vote of thanks to our pass out students by Mr. Prakash Regmi, principal of this college.

The students and teachers also feasted together and held a photo session.

WINE TASTING SESSION FOR BHM STUDENTS

NTHMC organize 'Wine Tasting Sessions' each year to the students of BHM in their 3rd semester. The purpose of this session is to make student understand the sensitivity of the wine and learning the different evaluations procedures for wine with a wonderful in-house wine tasting.

Currently, NTHMC organized Wine Tasting session from 30th November to 3rd December, 2021 and was facilitated by Mr. Rajendra Gurung, faculty member of NTHMC who is also WSET L-2, London on 30th November 2021. These sessions have been in practice for almost a decade ago and have been a huge success in delivering lessons to the undergraduates to cover the "Enology" of wine.

The session covered the following topics with a group size of 20-25



TREK TO MARDI HIMAL



BHM first semester students organized 3 nights 4 days 'Trek to Mardi Himal' in coordination with The Mountain House Treks and Expedition from 20th – 23rd April, 2022. This trek was organized in order to provide an opportunity for the students to learn about the ecosystem, terrain, natural beauty and mainly how the tourism sector works on those parts of their own homeland.

Mr. Resham, trek guide from trek agency took a session before the commencement of trek to the students on trek routes, safety and measures while trekking and equipments and tools that students need to carry while planning a trek.

The students started their trek from Dhampus to Forest Camp on the first day with lots of excitements and enthusiasm. The journey continues to High Camp on the second day with the rhododendron welcoming them on their way. Along with fun and hardships, they reached to their destination "Mardi Upper Viewpoint" on the third day. The beautiful sunrise and the mountains attracted them that they could not take their eyes off them. Exploring and mesmerizing the beauty of nature, they return to their home on the fourth day with lots of memories with their friends and unforgettable experience of their life.

MOTIVATIONAL SESSION ON 'POSITIVE VIBRATION'

NTHMC-CBM organized a motivational session on 'Positive Vibration' by My. Pritam Paudyal at Pokhara Chambers of Commerce at 8 am on 2nd March, 2022. The program was chaired by Chairperson Mr. Ashok Kumar Palikhe, where around 90 students of BBA and BBA-BI participated. The session was all about the motivational speech and interaction regarding the change in life style which helps to lead towards the success. Mr. Paudyal is a motivation speaker, a life coach and a consultant. The program was about developing growth mindset of students. His direction towards positive attitude, human nature of adaption towards any thought was clear and completely visualized. The session was about parenting, change in life style and result of every action has positive and negative impact even on our well-wisher. Mr. Paudyal stated "Unless we can't change our thought, we can't change the world. Everything has been controlled by our thoughts because the way we think affects our decision and work style. If our thoughts are in confusion, then we cannot make accurate decisions in life." Furthermore, he suggested the young generation to be honest, sincere, positive and optimistic.

When Ms. Prajita Khand from BBA-BI 3rd semester raised the question to Mr. Paudyal – "Isn't being too much positive in everything is toxic?", to which Mr. Paudyal replied- " Yes, too much of positivity makes our life a kind of toxic, to correct this along with positivity use your intelligence. Intelligence comes first along with positivity." Likewise, Ms. Richa Shrestha, student of BBA 2nd semester also shared her experiences how life is full of joy and sorrow. So, according to the condition we should be able to tackle



things in optimistic way. Mr. Nirajan Gautam, student of BBA- BI 2nd semester shared his painful past story and also shared his willingness to be businessman. Similarly, Ms. Anupama Thakuri, student of BBA- BI 5th semester shared her busy schedule as she is a student and a jobholder at the same time. She shared how tough was it to balance the time for herself but it is very important to separate time for yourself and for your well-wishers. Finally, Mr. Suraj Dahal from BBA-BI 5th semester and Mr. Shiva Thapa from BBA- BI 3rd semester were very glad and thankful to Mr. Paudyal and expressed what they gained by the session. They believed that motivational lines remain for short term in mind but the best outcome is the implementation in real life.

In the same program, Mr. Prakash Regmi the principal of the college, thanked Mr. Paudyal for this wonderful and insightful session and shared his happiness about students expressing their thoughts freely and urged students to be motivated, optimistic and happy

FINANCIAL LITERACY WITH NIC ASIA



NTHMC, Centre for Business Management, with coordination with NIC Asia Bank Limited organized an interaction session on the 26th March, 2022 for the students of BBA and BBA-BI first semester students.

BBA Coordinator Mr. Harihar Poudel welcomed Mr. Santosh Raj Sharma, Branch Manager, Mr. Sujan Thapa, Relationship Manager and Ms. Krity Shrestha, Trainee Assistant (recent graduate NTHMC) of Pokhara branch to the college. During the session the guests shared their experiences, journey and expertise on financial policies and procedures of NIC Asia, share markets, financial management to the students.

Students raised their queries during the session and which were addressed by all guests on random basis.

NTHMC STUDENTS AT 'MOUNTAIN GLORY FOREST RESORT'



NTHMC organized hotel visit and excursion program for the students of grade 11 on 25th March, 2022. Altogether 90 students visited Mountain Glory Forest Resort. The purpose of the hotel visit was to make students know about the procedure, facilities, types of services and quality of food provided by resorts to its clients.

Students explored splendid view of forest and land scape, couple of hiking routes, an infinity pool, a world-class spa, panorama restaurant, and exotic bar. They also visited different departments like accommodation, front office banquet hall and food and beverage outlets. They learned the live skills and procedures of operating these outlets and departments too. In order to learn the services and food items, students participated on a lunch program containing a buffet service menu offered to them.

The General Manager Mr. Avik Singh, The F&B Executive Mr. Thaneswar Prasad Joshi, facilitated the students about the facilities, properties and system of establishment at banquet hall. +2 Coordinator, Mr. Dinesh Kumar Yadav and faculty, Mr. Arjun Adhikari guided the students. Most of the students shared their experiences and praised the hotel management for their warm hospitality.

Welcome Program for BBA & BBA-BI

As a continuity to the previous sagas of welcome and farewell, NTHMC, Centre for Business Management organized 'Welcome Program' to new intake students of batch 2020 at Chhinedanda on 8th of May 2022. This time the students of second semesters were the host. Chairperson of the college management committee Mr. Ashok Palikhe was the chief guest who also chaired the program and added glory to the students' activity. The program was started after the chief guest ignited the lamp. The emcees of the program were Ms. Richa Shrestha and Mr. Nirajan Gautam from BBA and BBA-BI 2nd semesters respectively, while the welcome speech was delivered by Ms. Swastika Baral from the same semester.

Mr. Prakash Regmi, principal of the college encouraged students to think critically, be unique and innovative in studies as well as during the work in the job market. He added that, it's the age of innovation, creativity and leadership so each student should try to develop such skills so that he/she can have the successful life in future. He suggested students to study to be an entrepreneur and get participated in business idea pitching and case studies during the class.

The students were welcomed by chairperson and principal with tika



and khada. Students performed cultural dances, solo songs, group songs, contemporary dances and so on. Mr. Harihar Podel ended the program with his closing remarks by thanking the organizers and wishing all the best for the newly admitted students and the lavish snacks and drinks were served after the program at the college.

Orientation Program for BHM, BBA & BBA-BI

Orientation Program for BHM, BBA & BBA-BI

The orientation and motivation program was organized for newly admitted students of BHM, BBA and BBA-BI (2022) batch at Mount Kailash Resort, Lakeside on 12th of March 2022. The speaker for the session was Mr. Josh B. Niraula, motivator and life coach.

The students attended the program with their guardians. They were welcomed amidst the host of management committee and faculty members by garlanding and felicitating with Khada. After that, the students and their guardians were introduced with the administrative team and the faculty members. The program was chaired by Mr. Ashok Palikhe, chairperson of college management committee. The students of BHM, BBA and BBA-BI received the copy of their syllabus after the registration was over.

At the end of the program, Mr. Prakash Regmi, the principal of the college gave vote of thanks on behalf of the college and motivated



newly admitted students to be more responsible, disciplined and innovative. He further added, the four years' journey with NTHMC will be a milestone to pave their career and advised to utilize it wisely by identifying the priorities. The lunch was served after the formal program to all the students, guardians, invitees and guests.

Industry – Collaboration



Industry – Collaboration

NTHMC started digital payment system in collaboration with E-Sewa. The collaboration was done in order to make easy for students, guardians and parents to pay their children's fee easily via E-Sewa app. The collaboration took place on 26th April, 2022 at Chhinedanda, Pokhara. Mr. Binod Bohora, province manager of E-Sewa and Mr. Prakash Regmi, principal signed an agreement for digital banking.

Now, E-Sewa will have NTHMC logo within their app with which the payment can be done digitally without the physical presence at college. It is assumed that, this will help both students and guardians for easy payments.

HOTEL VISIT AND EXCURSION TO 'BAR PIPAL RESORT'

Like other hotel visits, NTHMC organized hotel visit and excursion to the students of grade 12 at Bar Pipal Resort on 23rd March, 2022. Altogether 103 students visited Bar Pipal Resort with few faculties. The purpose of this visit was to make students aware about the resorts' services, its nature, amenities and the food and beverages served.

Students were gathered in various groups and were taken to different departments for observations. The departmental heads were explaining the facilities, operating procedures and others to the students. It took nearly 3 hours to visit all the areas like rooms, restaurants, bar, pool, spa, kitchen to collect information. The students and faculties were provided lavish lunch.

The Owner of property Mr. Jitu Gurung, Resident Manager Mr. Padam Neupane facilitated the students about the facilities, properties and system of establishment at lobby area. +2



Coordinator, Mr. Dinesh Kumar Yadav and Faculty, Mr. Surya Giri guided the students. Most of the students shared their experiences after their visit and students were found excited.

NETHERLANDS EXPERT TRAINED NTHMC STUDENTS



Mr. Martin Woter Huizinga, PUM Expert from the Netherlands trained the undergraduate students of BHM, BBA and BBA-BI students at NTHMC Chhinedanda, Pokhara. The training was conducted for two days i.e. 3rd and 4th April, 2022. Mr. Martin trained the youths on 'The Public Brain – How the brain of Adolescents work and how can we deal with it?'

There were total students from 85 students participating in the training program, during the training the expert illustrated how the mind of youths works, their abilities, the right way to control emotions, an appropriate way to analyze and react and how the hormones plays on the thought process and so on.

The certification was done jointly by Mr. Prakash Regmi, principal of the college and Mr. Martin, expert together at the college.

SMALL HOTEL & LODGE MANAGEMENT TRAINING FOR NTHMC STUDENTS



NTHMC organized 2 weeks 'Small Hotel & Lodge Management Training' for the students of grade 12 from 28th March to 8th April, 2022. The objective of this training program was to make students familiar with local ingredients available in different regions and preparing the authentic Nepali cuisine by using local methods. Furthermore, this program will help students to promote Nepalese hospitality and local services available like in home-stays.

There were 103 students participating in the training program where students were grouped in different sections like front office, kitchen, restaurant and housekeeping. Ms. Priyanka Gurung, Mr. Arjun Adhikari, Mr. Nabaraj Ojha & Mr. Raj Kumar Lama were the trainers for the entire program.

The certificates were distributed by Mr. Prakash Regmi, Principal and Mr. Dinesh Kumar Yadav, coordinator after completion of the training program.

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